



# King Rock Spa

Open from 10.00AM - 10.00PM

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# TREATMENT MENU

## **AROMATHERAPY MASSAGE**

60 / 90 mins.....USD20.00 / USD29.00

Using the art of movement combined with ancient aromatherapy oils, this Swedish-style full body massage uses gentle techniques to help restore harmony, and relaxes the mind and body.

## **TRADITIONAL KHMER MASSAGE**

60 / 90 mins.....USD15.00 / USD22.50

Inspired by Asian therapists, the traditional Khmer therapeutic massage also known as "Chab Sor Shai" is a vigorous, firm pressure point massage which incorporates kneading and twisting of the muscles which encourages internal energy flow, restores balance and conveys a renewed feeling of vitality.

## **FOOT REFLEXOLOGY MASSAGE**

60 / 90 mins.....USD15.00 / USD22.50

Experience holistic revitalisation and deep relaxation as your therapist applies specific thumb and finger techniques to various reflex points on the feet, which effectively stimulate corresponding organs in the upper body.

## **BACK, NECK AND SHOULDER**

60 / 90 mins.....USD20.00 / USD29.00

For those who carry tension in their back, neck and shoulders and who require a quick release from discomfort or pain. A deeply relaxing massage therapy concentrating on back, neck and shoulder muscles.

## **DEEP TISSUE MASSAGE**

60 / 90 mins.....USD20.00 / USD29.00

Deep tissue massage therapy is similar to Swedish massage, but the deeper pressure is beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons and fascia (the protective layer surrounding muscles, bones and joints).

## **KING ROCK FOUR-HAND RELIEF**

60 / 90 mins.....USD25.00 / USD36.00

An exclusive, relaxing full body massage without oil which is performed by two massage therapist simultaneously. Four-Hands Massage is great for spa-goers who have a difficult time letting go of day-to-day thoughts and stresses during massage treatments.



**KHMER HERBAL HOT COMPRESS**

**60 / 90 mins.....USD20.00 / USD29.00**

Herbal compress is a common method of treatment employed in traditional Khmer medicine. The hot herbal compress contains numerous herbs tightly bound in fabric which is steamed until piping hot and firmly rolled. After a full-body, pressure point Thai massage, the hot herbal compress is pressed or pounded over the entire body in order to soothe muscle and stimulate the vital organs and senses. Compresses are traditionally applied after Khmer Massage to prevent bruising, reduce muscle stress and cure skin conditions.

**BODY WRAP (Can Select Only One)**

**60 / 90 mins.....USD25.00 / USD37.00**

- \* Aloe Vera Wrap rehydrates the skin, leaving it fresh and cool.
- \* Herbal Mineral Salt Wrap uses a mineral rich sea salt to remove dead skin cells. It helps to release toxins from the body and ease arthritic pains.
- \* Mango Wrap is a natural fruit wrap using blended mango, honey, egg and sticky rice. It is deep cleaning and astringent drawing out oils and toxins as well as tightening, toning and re-mineralising. It leaves skin radiant and healthy.

**BODY SCRUB (Can Select Only One)**

**60 / 90 mins.....USD25.00 / USD37.00**

- \*Body scrubs remove dry, flaky skin, then nourishes and tones via lotion and massage.
- \*Tamarind scrub is blended tamarind, honey, fresh milk and sticky rice.
- \*Coconut scrub is blended coconut, mineral salts and olive oil.
- \*Mango scrub is blended mango, honey, egg and sticky rice.

**WAXING**

Eyebrow	USD12.00
Upper Lip	USD12.00
Chin	USD12.00
Under Arm	USD12.00
Full Arm	USD15.00
Half Legs	USD15.00
Full Legs	USD25.00
Bikini	USD25.00

**NAIL CARE**

Manicure	30mins USD10.00
Pedicure	30mins USD10.00
Manicure with Sticker	30mins USD15.00
Pedicure with Sticker	30mins USD15.00

**FACIAL TREATMENT**

Natural Facial	60mins USD20.00
Moisturizing Facial	60mins USD25.00